

Course Handicap Table



Golf Ontario
Ainsdale Golf Course
Men's - Blue (Huron)

Course Rating™: 71.0 - Slope Rating®: 131

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.8	+7	24.6 to 25.4	28
+4.7 to +3.9	+6	25.5 to 26.3	29
+3.8 to +3.1	+5	26.4 to 27.1	30
+3.0 to +2.2	+4	27.2 to 28.0	31
+2.1 to +1.3	+3	28.1 to 28.8	32
+1.2 to +0.5	+2	28.9 to 29.7	33
+0.4 to 0.4	+1	29.8 to 30.6	34
0.5 to 1.2	0	30.7 to 31.4	35
1.3 to 2.1	1	31.5 to 32.3	36
2.2 to 3.0	2	32.4 to 33.2	37
3.1 to 3.8	3	33.3 to 34.0	38
3.9 to 4.7	4	34.1 to 34.9	39
4.8 to 5.6	5	35.0 to 35.7	40
5.7 to 6.4	6	35.8 to 36.6	41
6.5 to 7.3	7	36.7 to 37.5	42
7.4 to 8.1	8	37.6 to 38.3	43
8.2 to 9.0	9	38.4 to 39.2	44
9.1 to 9.9	10	39.3 to 40.1	45
10.0 to 10.7	11	40.2 to 40.9	46
10.8 to 11.6	12	41.0 to 41.8	47
11.7 to 12.5	13	41.9 to 42.6	48
12.6 to 13.3	14	42.7 to 43.5	49
13.4 to 14.2	15	43.6 to 44.4	50
14.3 to 15.0	16	44.5 to 45.2	51
15.1 to 15.9	17	45.3 to 46.1	52
16.0 to 16.8	18	46.2 to 47.0	53
16.9 to 17.6	19	47.1 to 47.8	54
17.7 to 18.5	20	47.9 to 48.7	55
18.6 to 19.4	21	48.8 to 49.5	56
19.5 to 20.2	22	49.6 to 50.4	57
20.3 to 21.1	23	50.5 to 51.3	58
21.2 to 21.9	24	51.4 to 52.1	59
22.0 to 22.8	25	52.2 to 53.0	60
22.9 to 23.7	26	53.1 to 53.9	61
23.8 to 24.5	27	54.0 to 54.0	62

INSTRUCTIONS

* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

Course Handicap Table



Golf Ontario
 Ainsdale Golf Course
 Men's - White (Trillium)

Course Rating™: 68.7 - Slope Rating®: 125

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.8	+6	24.3 to 25.1	27
+4.7 to +3.8	+5	25.2 to 26.0	28
+3.7 to +2.9	+4	26.1 to 26.9	29
+2.8 to +2.0	+3	27.0 to 27.8	30
+1.9 to +1.1	+2	27.9 to 28.7	31
+1.0 to +0.2	+1	28.8 to 29.6	32
+0.1 to 0.7	0	29.7 to 30.5	33
0.8 to 1.6	1	30.6 to 31.4	34
1.7 to 2.5	2	31.5 to 32.3	35
2.6 to 3.4	3	32.4 to 33.2	36
3.5 to 4.3	4	33.3 to 34.1	37
4.4 to 5.2	5	34.2 to 35.0	38
5.3 to 6.1	6	35.1 to 35.9	39
6.2 to 7.0	7	36.0 to 36.8	40
7.1 to 7.9	8	36.9 to 37.7	41
8.0 to 8.8	9	37.8 to 38.6	42
8.9 to 9.7	10	38.7 to 39.5	43
9.8 to 10.6	11	39.6 to 40.4	44
10.7 to 11.5	12	40.5 to 41.4	45
11.6 to 12.4	13	41.5 to 42.3	46
12.5 to 13.3	14	42.4 to 43.2	47
13.4 to 14.2	15	43.3 to 44.1	48
14.3 to 15.1	16	44.2 to 45.0	49
15.2 to 16.0	17	45.1 to 45.9	50
16.1 to 16.9	18	46.0 to 46.8	51
17.0 to 17.8	19	46.9 to 47.7	52
17.9 to 18.8	20	47.8 to 48.6	53
18.9 to 19.7	21	48.7 to 49.5	54
19.8 to 20.6	22	49.6 to 50.4	55
20.7 to 21.5	23	50.5 to 51.3	56
21.6 to 22.4	24	51.4 to 52.2	57
22.5 to 23.3	25	52.3 to 53.1	58
23.4 to 24.2	26	53.2 to 54.0	59

INSTRUCTIONS

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Course Handicap Table

Golf Ontario
 Ainsdale Golf Course
 Men's - Red (Maple)

Course Rating™: 64.8 - Slope Rating®: 114

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.3	+9	24.5 to 25.4	21
+4.2 to +3.3	+8	25.5 to 26.4	22
+3.2 to +2.3	+7	26.5 to 27.4	23
+2.2 to +1.3	+6	27.5 to 28.4	24
+1.2 to +0.3	+5	28.5 to 29.4	25
+0.2 to 0.6	+4	29.5 to 30.4	26
0.7 to 1.6	+3	30.5 to 31.4	27
1.7 to 2.6	+2	31.5 to 32.4	28
2.7 to 3.6	+1	32.5 to 33.4	29
3.7 to 4.6	0	33.5 to 34.3	30
4.7 to 5.6	1	34.4 to 35.3	31
5.7 to 6.6	2	35.4 to 36.3	32
6.7 to 7.6	3	36.4 to 37.3	33
7.7 to 8.6	4	37.4 to 38.3	34
8.7 to 9.6	5	38.4 to 39.3	35
9.7 to 10.6	6	39.4 to 40.3	36
10.7 to 11.5	7	40.4 to 41.3	37
11.6 to 12.5	8	41.4 to 42.3	38
12.6 to 13.5	9	42.4 to 43.3	39
13.6 to 14.5	10	43.4 to 44.3	40
14.6 to 15.5	11	44.4 to 45.2	41
15.6 to 16.5	12	45.3 to 46.2	42
16.6 to 17.5	13	46.3 to 47.2	43
17.6 to 18.5	14	47.3 to 48.2	44
18.6 to 19.5	15	48.3 to 49.2	45
19.6 to 20.5	16	49.3 to 50.2	46
20.6 to 21.5	17	50.3 to 51.2	47
21.6 to 22.5	18	51.3 to 52.2	48
22.6 to 23.4	19	52.3 to 53.2	49
23.5 to 24.4	20	53.3 to 54.0	50

INSTRUCTIONS

* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

* Please make sure that the tees from which you are playing correspond with the tees for which this table applies.

Course Handicap Table



Golf Ontario
Ainsdale Golf Course
Men's - Yellow

Course Rating™: 60.0 - Slope Rating®: 104

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.9	+3	24.5 to 25.5	25
+4.8 to +3.9	+2	25.6 to 26.6	26
+3.8 to +2.8	+1	26.7 to 27.7	27
+2.7 to +1.7	0	27.8 to 28.7	28
+1.6 to +0.6	1	28.8 to 29.8	29
+0.5 to 0.5	2	29.9 to 30.9	30
0.6 to 1.6	3	31.0 to 32.0	31
1.7 to 2.7	4	32.1 to 33.1	32
2.8 to 3.8	5	33.2 to 34.2	33
3.9 to 4.8	6	34.3 to 35.3	34
4.9 to 5.9	7	35.4 to 36.3	35
6.0 to 7.0	8	36.4 to 37.4	36
7.1 to 8.1	9	37.5 to 38.5	37
8.2 to 9.2	10	38.6 to 39.6	38
9.3 to 10.3	11	39.7 to 40.7	39
10.4 to 11.4	12	40.8 to 41.8	40
11.5 to 12.4	13	41.9 to 42.9	41
12.5 to 13.5	14	43.0 to 44.0	42
13.6 to 14.6	15	44.1 to 45.0	43
14.7 to 15.7	16	45.1 to 46.1	44
15.8 to 16.8	17	46.2 to 47.2	45
16.9 to 17.9	18	47.3 to 48.3	46
18.0 to 19.0	19	48.4 to 49.4	47
19.1 to 20.1	20	49.5 to 50.5	48
20.2 to 21.1	21	50.6 to 51.6	49
21.2 to 22.2	22	51.7 to 52.6	50
22.3 to 23.3	23	52.7 to 53.7	51
23.4 to 24.4	24	53.8 to 54.0	52

INSTRUCTIONS

* When using the table, find the range containing your Handicap Index® in the left column. Play with the Course Handicap™ which corresponds with it in the right column.

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Course Handicap Table



Golf Ontario
Ainsdale Golf Course
Women's - White (Trillium)

Course Rating™: 74.1 - Slope Rating®: 136

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.7	+5	24.5 to 25.2	31
+4.6 to +3.9	+4	25.3 to 26.0	32
+3.8 to +3.0	+3	26.1 to 26.9	33
+2.9 to +2.2	+2	27.0 to 27.7	34
+2.1 to +1.4	+1	27.8 to 28.5	35
+1.3 to +0.5	0	28.6 to 29.4	36
+0.4 to 0.3	1	29.5 to 30.2	37
0.4 to 1.1	2	30.3 to 31.0	38
1.2 to 1.9	3	31.1 to 31.9	39
2.0 to 2.8	4	32.0 to 32.7	40
2.9 to 3.6	5	32.8 to 33.5	41
3.7 to 4.4	6	33.6 to 34.3	42
4.5 to 5.3	7	34.4 to 35.2	43
5.4 to 6.1	8	35.3 to 36.0	44
6.2 to 6.9	9	36.1 to 36.8	45
7.0 to 7.8	10	36.9 to 37.7	46
7.9 to 8.6	11	37.8 to 38.5	47
8.7 to 9.4	12	38.6 to 39.3	48
9.5 to 10.3	13	39.4 to 40.2	49
10.4 to 11.1	14	40.3 to 41.0	50
11.2 to 11.9	15	41.1 to 41.8	51
12.0 to 12.7	16	41.9 to 42.7	52
12.8 to 13.6	17	42.8 to 43.5	53
13.7 to 14.4	18	43.6 to 44.3	54
14.5 to 15.2	19	44.4 to 45.1	55
15.3 to 16.1	20	45.2 to 46.0	56
16.2 to 16.9	21	46.1 to 46.8	57
17.0 to 17.7	22	46.9 to 47.6	58
17.8 to 18.6	23	47.7 to 48.5	59
18.7 to 19.4	24	48.6 to 49.3	60
19.5 to 20.2	25	49.4 to 50.1	61
20.3 to 21.1	26	50.2 to 51.0	62
21.2 to 21.9	27	51.1 to 51.8	63
22.0 to 22.7	28	51.9 to 52.6	64
22.8 to 23.5	29	52.7 to 53.5	65
23.6 to 24.4	30	53.6 to 54.0	66

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Course Handicap Table



Golf Ontario
 Ainsdale Golf Course
 Women's - Red(Maple)

Course Rating™: 69.2 - Slope Rating®: 124

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.3	+6	24.0 to 24.8	26
+4.2 to +3.4	+5	24.9 to 25.7	27
+3.3 to +2.5	+4	25.8 to 26.7	28
+2.4 to +1.6	+3	26.8 to 27.6	29
+1.5 to +0.7	+2	27.7 to 28.5	30
+0.6 to 0.2	+1	28.6 to 29.4	31
0.3 to 1.1	0	29.5 to 30.3	32
1.2 to 2.0	1	30.4 to 31.2	33
2.1 to 3.0	2	31.3 to 32.1	34
3.1 to 3.9	3	32.2 to 33.0	35
4.0 to 4.8	4	33.1 to 33.9	36
4.9 to 5.7	5	34.0 to 34.9	37
5.8 to 6.6	6	35.0 to 35.8	38
6.7 to 7.5	7	35.9 to 36.7	39
7.6 to 8.4	8	36.8 to 37.6	40
8.5 to 9.3	9	37.7 to 38.5	41
9.4 to 10.2	10	38.6 to 39.4	42
10.3 to 11.2	11	39.5 to 40.3	43
11.3 to 12.1	12	40.4 to 41.2	44
12.2 to 13.0	13	41.3 to 42.1	45
13.1 to 13.9	14	42.2 to 43.1	46
14.0 to 14.8	15	43.2 to 44.0	47
14.9 to 15.7	16	44.1 to 44.9	48
15.8 to 16.6	17	45.0 to 45.8	49
16.7 to 17.5	18	45.9 to 46.7	50
17.6 to 18.4	19	46.8 to 47.6	51
18.5 to 19.4	20	47.7 to 48.5	52
19.5 to 20.3	21	48.6 to 49.4	53
20.4 to 21.2	22	49.5 to 50.3	54
21.3 to 22.1	23	50.4 to 51.3	55
22.2 to 23.0	24	51.4 to 52.2	56
23.1 to 23.9	25	52.3 to 53.1	57
		53.2 to 54.0	58

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Course Handicap Table



Golf Ontario
Ainsdale Golf Course
Women's - Yellow

Course Rating™: 61.9 - Slope Rating®: 109

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +4.6	+6	24.5 to 25.5	23
+4.5 to +3.6	+5	25.6 to 26.5	24
+3.5 to +2.5	+4	26.6 to 27.5	25
+2.4 to +1.5	+3	27.6 to 28.6	26
+1.4 to +0.5	+2	28.7 to 29.6	27
+0.4 to 0.6	+1	29.7 to 30.6	28
0.7 to 1.6	0	30.7 to 31.7	29
1.7 to 2.6	1	31.8 to 32.7	30
2.7 to 3.7	2	32.8 to 33.7	31
3.8 to 4.7	3	33.8 to 34.8	32
4.8 to 5.8	4	34.9 to 35.8	33
5.9 to 6.8	5	35.9 to 36.9	34
6.9 to 7.8	6	37.0 to 37.9	35
7.9 to 8.9	7	38.0 to 38.9	36
9.0 to 9.9	8	39.0 to 40.0	37
10.0 to 10.9	9	40.1 to 41.0	38
11.0 to 12.0	10	41.1 to 42.0	39
12.1 to 13.0	11	42.1 to 43.1	40
13.1 to 14.0	12	43.2 to 44.1	41
14.1 to 15.1	13	44.2 to 45.1	42
15.2 to 16.1	14	45.2 to 46.2	43
16.2 to 17.2	15	46.3 to 47.2	44
17.3 to 18.2	16	47.3 to 48.3	45
18.3 to 19.2	17	48.4 to 49.3	46
19.3 to 20.3	18	49.4 to 50.3	47
20.4 to 21.3	19	50.4 to 51.4	48
21.4 to 22.3	20	51.5 to 52.4	49
22.4 to 23.4	21	52.5 to 53.4	50
23.5 to 24.4	22	53.5 to 54.0	51

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